

COASTAL PATHWAY

SECTION V: SAN ANTOLIN BEACH – GUADAMÍA BEACH (15,500 METRES)

The beach at San Antolín de Bedón, starts the last stretch of the coastal path which takes us to the boundary with Ribadesella, our neighbouring borough.

Start walking parallel to the FEVE line, cross the line and walk towards the cliffs close to the Ería de Villahormes. You walk very near to the inland beach at Gulpiyurii. After having had a look at the beach, cross the Río Llagaras, going over a restored bridge. This restoration has brought to light again the old, disused flour mill nearby.

The next village is Hontoria, go through the village and go up to Los Collaos, going round Ovio and Picones. Behind La Ería de Picones you can see a headland over the Cantabric Sea, here is the chapel of San Antonio, with the beach of the same name close by.

Carry on down to the beach at Cuevas del Mar. Before moving on, it's worth stopping to admire this little cove with its geology. As you go around the beach, you will pass by the cave through which the access road goes down to the beach from Nueva de Llanes. You cross over the river at Nueva on a Wooden gangway and begin to go up, passing an abandoned traditional Asturian house on the way to Villanueva. Keep a look out for the cliffs again and in time you will come upon a little beach the beach at Villanueva. It's well worth stopping for a while to admire it.

Carrying on along the route, we go through El Pandu and the outskirts of Villanueva. On the left you can see an artificial pond which usually has a multitude of water birds on it. Move on to the recreational area at Garaña. Here there is a little chapel and a place where they celebrate the fiestas of the patron saint of the village. Continue on through Garaña, Llames and Guadamía. Pay attention to the signposts, which will show the best place to ford the river Guadamía. The signposts will also show the area of the bufones, the cliffs as well as access to the Beach.

You have finally finished after a journey of 15,500 metres along the Llaniscan coast. The entire length of the coastal route from Bustio to the beach at Guadamía is approximately 65,000 metres.